

Pre-trip Assessment For Students Considering Study Abroad

Below we provide a pre-trip self-assessment for you to reflect on your personal situation in regards to studying abroad. With it, we encourage you to consider your priorities, your academic goals, personal objectives, family interests and financial considerations. As well, we hope you will critically identify possible constraints and conflicts.

Why do I want to study abroad?

What personal, academic, and career goals do I hope to fulfill on a study abroad program? Do I have any hidden expectations/reasons (i.e. get a job, my family wants me to go, etc.)?

Am I prepared to seek advice on such new topic?

Am I prepared to open myself to new experiences and being in an unfamiliar environment?

Do I foresee any issues dealing with long-term relationships (i.e. significant other, family, friends, etc.)?

Do I foresee any serious consequences financially or any financial hardships this could create?

Do I fully understand the financial implications of studying abroad (i.e. in-state versus out-of-state students, tuition exchange or not, etc.)?

If I am excited to challenge myself, how much do I want to challenge myself (i.e. a European exchange or non-European)?